**APTA** 

# Central District Meeting

## Yin and Yang:

Balancing Eastern and Western Medicine for Modern Healthcare Professionals

1 CATEGORY 1 CONTACT HOUR

April 25
6:00 PM (ET)



#### **Speaker**

Lindsay Snow, MD

#### **Session Description**

A brief history of both Eastern and Western medicine will lay a helpful framework for a more in-depth discussion of the strengths and weaknesses of each. Similar to yin and yang, the best approach may be a healthy balance of the two. Practical, actionable tips will be offered for clinicians interested in incorporating such principles and techniques into their current practice, and a foundation of resources will be established for those interested in investigating this model further.

#### **In Person Attendance**

Spalding University Campus 961 South Third Street Room 116 Louisville, KY 40203

Click <u>here</u> for campus/ parking map

#### **Virtual Attendance**

Zoom link will be sent to you prior to the event.



### Register today

Free for APTA-KY members \$10 for non-members

